BE JOYFUL IN HOPE PATIENT IN AFFLICTION FAITHFUL IN PRAYER

Romans 12:12

Adoration

Attribute of God:	
Scripture/Notes:	

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- Is there anything in my life that comes before God?
- Have I made any decisions lately by human wisdom instead of divine revelation?
- Is my life a testimony for Christ?
- Am I secretly pleased at the misfortune of others?
- Am I angered at someone who disagrees with me?
- Have I read and studied the word of God sufficiently enough to please God?
- Am I dependable?
- Have I defiled the temple of God (my body)?
- Is everything I do bringing glory and honor to God?
- Am I forgiving others?
- Am I irritable?
- Am I making the best use of my time?
- Am I selfish?
- Do I trust God for everything?
- Am I a patient person?
- Have I run another down to build myself up?
- Am I 100% honest in all things?
- Am I concerned about what others think of me?
- Have I treated my spouse with the respect due him/her?
- Do I exercise a loving spirit to everyone I meet?
- Am I memorizing God's
 Word?
- Am I helping to carry the burdens of others?
- How is the spiritual condition of my family?
- Am I a good father/mother to my children?
- Am I jealous of the beauty, talent, ability, or success of anyone?
- Am I discouraged and about ready to quit?
- Do I control my tongue?
- Do I control my temper?
- Is there anything that I am worrying about?

Confession

- Do I have any secret sins that I am not willing to give up?
- Do I consistently fail when tempted?
- Do I insist on having my own way?
- Do I accept constructive criticism well?
- Are my feelings hurt easily?
- Do I hold a grudge?
- Are there any misunderstandings that I am not willing to forget?
- Am I harboring bitterness or resentment toward anyone?
 Is there anyone I dislike to
- Is there anyone I dislike to hear praised?
- Is there an area of my life in which I have failed to put God first?
- Am I secretly annoyed with the accomplishments or advancements of another?
- Do I quarrel, argue, or engage in heated discussions?
- Is there anyone that I deliberately slight?
- Am I guilty of intemperance in eating and drinking?
- Do I have any habits that are defiling to my body?
- Do I talk about what I have done rather than what Christ has done?
- Are my statements mostly about me?
- Have I given the impression of being something that I am not?
- Do I allow feelings of inferiority to keep me from attempting things I should in serving God?
- Do I do only what I have to at work just to keep my job?
- Do I complain?
- Do I find fault?
- Do I have a critical attitude?
- Do I carry hidden anger?
- Do I become impatient with others?
- Am I ever harsh or unkind?

- Do I watch questionable tv shows or movies?
- Do I seek satisfaction from a questionable source?
- Do I read questionable magazines?
- Have I given thanks in all things: the seemingly bad as well as the good?
- Do I speak unkindly concerning people when they are not present?
- Am I pleasing God in all that I do?
- Do I carry bitterness toward God?
- Have I complained against God in any way?
- Have I been dissatisfied with God's provision for me?
- Have I disobeyed any direct leading from the Lord?
- What kind of music am I listening to?
- Do I ever lie?
- Do I cheat?
- Do I steal?
- Do I have personal habits that are not pure?
- Do I allow impure thoughts about the opposite sex to stay in my mind?
- Do I indulge in unclean entertainment?
- Am I irregular in attendance at the worship services of my church?
- Have I neglected or slighted God in my daily prayer life?
- Do I have a stubborn or unteachable spirit?
- Do I feel that I am not as bad as others are?
- Do I insist on my own rights?
- Have I dishonored God and His work by criticizing His servants?
- Am I more concerned with what people will think, rather than whether or not it is pleasing to God?

Myself

I) Wisdom- That I would have the Lord's wisdom and understanding in all things. That I could see God's truth in every situation. That God would give me discernment for each decision I make. (Proverbs 2:3-6, Proverbs 16:16, Proverbs 24:3-4)	2) Wisdom- That I wouldn't be wise in my own eyes, but that I would fear God. That I would not be proud, but humble so that I could seek counsel from wiser people. (Proverbs 9:10, Proverbs 11:2, Proverbs 28:26)	3) My Role as a Wife- That I would desire to serve my husband by showing him unconditional respect and that my respect for him would increase daily. That I would joyfully submit to his leadership, as to the Lord. (Ephesians 5:22-24, 1 Peter 3:1-2)
4) My Role as a Wife- That I would speak my husband's love languages and remember that my body is not my own. (1 Corinthians 7:4)	5) My Role as a Wife-That I would be my husband's encourager and confidant. That I would display wisdom and discernment and therefore be an asset to his ministry and not a hindrance. That I would be of noble character and as a crown to him. (Proverbs 12:4)	6) Our Marriage
7) My Role as a Mother- That I would raise my children up in the fear and admonition of the Lord. That I would be diligent to teach them the Bible and what it says about everyday situations. (Ephesians 6:4)	8) My Role as a Mother- That I would model with my life what it looks like to love, serve, and fear the Lord. That I would be an example in godliness.	9) My Role as a Mother- That I would demonstrate my love for my children by disciplining them consistently in love and by training them in righteousness. (Proverbs 13:24, Proverbs 19:18, Proverbs 29:17)
10) My Role as a Mother- That I would show unconditional love and patience to each of my children. That I would be nurturing to them.	II) My Role as a Mother- That God would give me wisdom as I seek to parent by His strength and not my own. (2 Corinthians 12:9)	12) My Ministry to Others- That I would look for opportunities to minister to others and act on them when they are presented. That I would minister without expecting anything in return.
13) That I Would Show Myself Grace- That I wouldn't allow the devil to torment me when I fall short of my own expectations. That I would rest in the Gospel, knowing that God saved me, not because of what I did/can do, but only because of His grace. That I wouldn't allow my failures as a mom, wife, sister, daughter, friend, etc. to paralyze me and make me useless as a child of God. (Titus 3:5, Eph 2:8-9)	(4) My Thoughts- That they would be pleasing to the Lord and that I would take them captive before they are able to affect my attitude and mentality and before the devil can use them to beat me up and make me feel either superior to others or worthless as a wife, mother, and child of God. (2 Corinthians 10:5)	15) The Words I Use- That God would put a desire in my heart to speak words that bring life. That I would recognize and be repulsed by any words that are not honoring to the Lord and edifying to others. That I would fill my heart with words of life so that they would overflow into my words. (Psalm 19:14, Proverbs 4:24, Proverbs 16:24, Proverbs 18:21, Matthew 12:34)

16) Deeper Love for and Knowledge of God's Word (Psalm 119:11, 16)	17) First-time Obedience to God	18) Strength to Resist Temptation (Hebrews 4:15-16)
(P) Prayerfulness- That I would pray without ceasing, and that my first act when feeling joyful, depressed, confused, thankful, sad, or anything else would be to pray. That I would sense the Holy Spirit more and more in my life as I develop a spirit of prayerfulness. (Philippians 4:6-7, 1 Thessalonians 5:17)	20) A Forgiving Spirit- That I would be quick to forgive, and that the Lord would show me clearly and unmistakably who I am harboring unforgiveness against. (Proverbs 19:11, Matthew 6:14-15, 1 John 2:11)	2I) Humility- That, instead of pride, my first response in everything would be humility. That I would choose to humble myself so that the Lord doesn't have to. (James 4:10, 1 Peter 5:5-6)
22) Good Stewardship of God's Money	23) Sensitivity to God's Leading	24) A Heart for the Lost
25) A Life of Confession and Repentance- That the Lord would give me a continually regenerating heart. That the Lord would reveal to me the unrighteousness in my heart and I would be quick to repent of it.	26) Courage- That I would have the courage not to back down from difficult conversations or topics, but rather, being led by the Holy Spirit, I would speak the truth in love. That I would have courage to obey the Lord the first time, every time, no matter what that means.	27) A Gentle and Quiet Spirit- That the Lord would cultivate in me a gentle and quiet spirit, that it would be part of my nature, to His glory. (1 Peter 3:3-4)
28) Contentment- That true contentment would be the natural overflow of my heart when I am delighting in the Lord and what He is doing in and through me. That I would not seek happiness in material possessions and circumstances. (Philippians 4:12)	29) A Servant's Heart- That the Lord would refine the selfishness out of me. That my mind would not be consumed with what I want. Instead, that I would desire to serve others and look for ways to do so, never with the goal of being thanked or praised, but only with the goal of glorifying the Lord. (Galatians 5:13, Philippians 2:3-4)	30) My Physical Health

My Husband

I) Spiritual Growth- That he would grow spiritually and consider his accountability before the Lord. That he would guard his heart by further developing the spiritual disciplines. (Proverbs 4:23, 2 Peter 3:18)	2) Bear Fruit- That his relationship with God and His Word would bear fruit in his life. That he would be a man of wisdom and understanding, fearing the Lord. (Psalm 112:1, Proverbs 3:7, Proverbs 9:10)	3) Humility - That he would be humble and quick to agree with God about his sin. That his heart would be tender toward the voice of the Lord. (Psalm 51:2-4, Proverbs 18:12, Micah 6:8)
4) Leadership- That he would grow in leadership skills in our marriageprotecting and providing for me. That he would lead me wisely and love me sacrificially, so that God would be glorified in our marriage. (Ephesians 5:25-29, Colossians 3:19)	5) Faithful - That he would be faithful to his wedding vows. That he would have a desire to cultivate our relationship as a sign of his loyalty and commitment to me, and as a picture of Christ's love for the church. (Genesis 2:24, Proverbs 20:6)	6) Fighteous- That he would love righteousness and hate wickedness. That he would recognize and avoid wickedness in his own life, and if necessary, take a clear, strong stand against evil. (Proverbs 27:12, John 17:15, 1 Corinthians 10:12-13)
7) Sexual Purity That he would yield his sexual drive to the Lord and practice self-control. That he would safeguard his heart against inappropriate relationships with the opposite sex. That his heart would be pure and undivided in his commitment to me, and our sexual intimacy together would be fresh, positive, and a reflection of selfless love. (Proverbs 6:23-24, Song of Solomon 7:10, Romans 13:14)	8) Hard Worker- That he would work hard to provide for our family, to the best of his ability. That the character qualities necessary for a successful and fulfilling career/job in his field would be a growing part of his character. (Proverbs 6:10-11, Romans 12:11, 1 Corinthians 15:58, Colossians 3:23)	9) Financial Wisdom - That he would handle finances wisely, would have discernment concerning budgeting and investments, and would be a good steward of God's money. That money would not become a source of discord in our family. (Proverbs 23:4-5, Romans 12:13, Hebrews 13:5)
 Integrity That he would cultivate strong integrity and not compromise his convictions. That his testimony would be genuine, that he would be honest in all of his dealings, and would never do anything that he needs to hide from others. (Proverbs 20:7, Ephesians 6:10-12, 1 Timothy 1:5) 	II) Teachable Spirit- That he would have a humble, teachable spirit and a servant's heart before the Lord. That he would listen to God and desire to do His will. (Proverbs 15:33, Ephesians 6:6)	12) Build Up Our Family- That he would use practical skills to build our family and make wise decisions for our welfare. That he would serve unselfishly. (Galatians 5:13, Philippians 2:3-4)
13) His Language- That he would speak words that build up our family and reflect a heart of love. That he would not use filthy language. (Luke 6:45, Ephesians 4:29)	(A) Friendships- That he would choose his friends wisely. That God would bring men into his life who would encourage his accountability before God and would not lead him into sin. (Proverbs 13:20, Proverbs 27:17)	15) Holiness- That he would choose healthy, God-honoring activities. That he would not live in bondage to any questionable habits or hobbies, but that he would experience freedom in holiness as he yields to the Spirit's control. (1 Corinthians 6:12, 2 Timothy 2:4)

16) Masculinity That he would enjoy his manliness as he patterns his life after Christ and strong men in the faith. That he would have physical, emotional, mental, social, and spiritual strength. (Ephesians 3:16, 1 Peter 2:21)	17) Eternal Perspective- That he would live in light of eternity. That he would reject materialism and temporal values and put God first in his life. (Deuteronomy 6:5, Psalm 90:12, Matthew 6:33, Ephesians 5:16)	18) Patience and Peace- That he would be patient and a man of peace. That he would not give in to anger, but would allow the Holy Spirit to control his responses. (Psalm 34:14, Romans 14:19, James 1:19)
(P) His Thoughts- That he would yield his mind and thoughts to the Lord. That he would not entertain immoral or impure thoughts, and that he would resist the temptation to indulge in pornography. (Proverbs 27:12, 2 Corinthians 10:11)	20) Relaxation - That he would learn how to relax in the Lord, and in his greatest times of stress, find joy and peace in his relationship with God. That he would submit his schedule to the Lord. (Nehemiah 8:10, Psalm 16:11, Proverbs 17:22)	2I) Forgiveness- That he would practice forgiveness in our marriage and with others. That he would recognize any roots of bitterness and yield any resentment and unforgiving attitudes to the Lord. (Ephesians 4:32, Hebrews 12:15)
 22) Father Role- That he would be a good fatherdiscipling our children wisely and loving them unconditionally. (Ephesians 6:4, 2 Timothy 2:1-2) 	23) Balanced Life- That he would balance work and play. That he would fear God but also gain favor with people he knows. (Proverbs 13:15, Luke 2:52)	24) Courage- That he would be courageous in his stand against evil and injustice and that he would stand for the truth. That he would strive to protect me and our family from Satan's attacks. (Psalm 27:14, Psalm 31:24, Ephesians 6:13)
25) His Reputation- That he would have a reputation that is untarnished. That he would be respected in our church, family, community, and his workplace. That he would be protected from gossip, slander, and legal entanglements. (Ecclesiastes 7:1, Proverbs 22:1)	26) Physical Health- That he would understand the importance of taking care of his bodythe temple of the Holy Spiritfor the glory of God. That he would practice self-control by making wise food choices and get sufficient exercise to stay healthy. (Romans 12:1-2, 1 Cor. 6:19-20)	 27) Prayer- That he would be a man of prayer. That he would seek and pursue God in purposeful quiet times. (Luke 22:46, 1 Thessalonians 5:17, James 5:16)
28) His Purpose- That he would continue to live his God-given purpose. That he will offer all his dreams to the Lord and pursue only those goals that will bring God glory and count for eternity. (Jeremiah 29:11, 1 Corinthians 10:31)	29) Pure Motives- That he would serve others with pure motives. That he would obey the Lord from his heart and glorify Him in everything. (John 7:17-18, Colossians 3:23-24)	30) Protection From the Enemy's Lies- That he would recognize the lies of the enemy in his life. That his attitudes and actions would be guided by the truth as he brings his thoughts into captivity to the Word of God. (John 8:44, 2 Corinthians 10:4-5)
31) His Talents- That he would surrender his time and talents to the Lord. That his spiritual gifts will be manifest in his ministry, in our home, and in his daily interactions with others. (Eph 5:15-16, 1 Cor 12:7)		

My Children

I) Salvation- That God would save them at a young age and that, in response, they would desire to follow Him and please Him all the days of their lives.	2) Spiritual Growth- That the truth of God's Word would change and purify their hearts each day when they read it. That their relationships with the Lord would supersede all other relationships (Colossians 1:10, 2 Peter 3:18)	3) Physical Protection and Health- That the Lord would place a hedge of protection around them. That He would protect their spirits, bodies, minds, and emotions from any kind of evil or harm.
4) Feeling Loved and Accepted- That they would fully understand how far-reaching and complete God's love is. That I would demonstrate and model God's love to them, so that it would be clearly understood. That they would find favor with other people and never give in to any pressure to compromise their integrity in order to fit in.	5) Eternal Mindset- That they would live with eternity in mind, knowing that this world is not their home. That they would spend their time and money investing in things that matter eternally. (Matthew 6:20-21, 1 Corinthians 15:58)	6) Obedience and Respect for Authority- That God would give them hearts that desire to obey Him. That secret/unseen rebellion in their lives would be revealed. That they would learn to identify rebellion and disrespect in their lives and be willing to confess it and repent of it. (Proverbs 1:8-9, Titus 3:2, 1 Peter 2:17)
7) Gody Friends and Role Models- That God would bring godly friends and role models into their lives. That they would have wisdom and discernment when choosing who to spend time with. That God would take away any loneliness or low self-esteem that would cause them to seek out relationships that are not God-honoring. (Psalm 1:1, Proverbs 4:14, 1 Corinthians 15:33)	 8) Love for God's Word- That they would have an increasing hunger for more of God. That they would desire the truth of the Bible and meditate on it, internalize it, and memorize it. (Psalm 86:11-12, Psalm 119:103-105, Matthew 5:6, 2 Timothy 3:16) 	9) Developing a Hunger for the Things of God- That they would long for God's presence. That they would be repulsed by ungodliness. That they would have teachable and submissive spirits that say "yes" to the things of God and "no" to the things of the flesh. (Psalm 119:2, Proverbs 14:27, Galatians 2:20)
 ID) Being the Person God Created- That they would never stray from what the Lord has called them to be and do, or try to be something they are not. That God would protect them from any evil plan of the devil to compromise the paths they have been called to walk. That God would give them a vision and a sense of purpose about what He's called them to do. (1 Corinthians 7:24, Galatians 5:22, 2 Timothy 1:9) 	II) Following Truth/Rejecting Lies- That they would have a heart that loves truth and follows after it, rejecting all lies as a manifestation of the enemy. That God would flush out anything in them that would entertain a lying spirit. That they would never be able to get away with lying and that all lies will come to light and be exposed. (Psalm 119:28-29, Proverbs 12:22, John 8:32, John 16:13)	 12) Contentment- That they would understand contentment comes from the Lord and not from other people, accomplishments, or material possessions. That they would find contentment in every circumstance of life. (Philippians 4:12-13, 1 Timothy 6:6)

13) Motivation for Proper Body Care- That they would have a desire to make good food choices and exercise regularly. That they would be spared from eating disorders. That they would value their bodies and view them as temples of the Holy Spirit. (1 Corinthians 3:17, 6:19-20, 10:31; Romans 12:1)	(A) Desire to Learn- That the Lord would give them good minds, teachable spirits, and abilities to learn. That the Lord would instill in them desires to attain knowledge and skill, and that they would have joy in the process. Above all, that they would be students of God's Word. (Proverbs 1:5, 2:1-5, 4:13)	15) Identifying God-given Giffs/Talents- That their talents and gifts would be apparent to them and to me so that I can provide special nurturing, training, or opportunities for them. That they would excel at their work and that whatever they do finds favor with others. Most of all, that their gifts and talents would glorify God. (Romans 11:29, Ephesians 4:7, James 1:17, 1 Peter 4:10)
b) Choosing Words Wisely That the Lord would fill their hearts with His Spirit and His truth so that what overflows from their mouths would be words of life and not death. That obscene or foul language would be foreign and repulsive to them. That the Lord would help them put a guard over their mouths so that words don't come out carelessly or thoughtlessly. (Psalm 19:14, Proverbs 12:18, Proverbs 16:24, Matthew 12:35-37	17) Holiness and Purity That their love for God will surpass their love for anyone or anything else. That they will clearly see how life doesn't work when God's laws are disobeyed, and that they are there for our benefit. That they will run from evil; impurity; unholy thoughts, words, and deeds; and that they will be drawn to whatever is pure and holy. (Psalm 24:3-5, Matthew 5:8, 2 Timothy 2:20-21)	18) Freedom from Fear- That God will deliver them from any fear that threatens to overtake them. That fear and doubt will be washed away with God's love. That they would have a mind sound enough to recognize false evidence the devil presents to them. That they would take any legitimate fears to the Lord in prayer. (Psalm 27:1, Psalm 34:4, Isaiah 41:10, 2 Timothy 1:7, 1 John 4:18)
22) Future Spuse- That God would send the right spouses at the right time and give them clear leading as to who it is. That they will make their marriage decisions based on God's voice and not their own fleshly desires. That they would know the difference between "falling in love" and knowing for certain what God's will is. That the Lord would cut off any relationships with someone who they shouldn't marry. That their spouses would be devoted servants of the Lord, their closest friends, and blessings to our family. That there would be no divorce or abuse in their futures. (Proverbs 18:22, Malachi 2:13-16, Mark 10:11, Hebrews 13:4)	23) Forgiving Heart- That the Lord would enable them to live in ongoing forgiveness. That they would understand the depth of God's forgiveness toward them so that they can freely forgive others. That they would quickly forgive themselves for times of failure, and that they would never blame the Lord for negative things that happen in their lives on this earth. (Matthew 6:14-15, Mark 11:25, Ephesians 4:31-32)	24) Walking in Repentance- That God would give them hearts that are quick to confess their mistakes. That they would understand God's laws are for their benefit, and confession and repentance must become a way of life. That any hidden sins would be brought to light quickly so they can be confessed, repented of, and forgiven. That they would not be able to contain sin within them, but rather have a longing to confess fully. (Proverbs 28:13, Isaiah 55:7, Acts 3:19)

25) Thinking Gody Thoughts- That their minds would be renewed and transformed through the reading of God's Word, prayer, and spending time with other believers. That they would learn to take their thoughts captive before they begin to cause destruction in their hearts. That they would think of themselves and of others as God does. (Romans 12:2, 2 Corinthians 10:5, Philippians 4:8)	26) Seeking Wisdom and Discernment- That the Lord would give them wisdom and discernment. That they would turn to God for all decisions so they don't make poor choices. That they would not lean on their own understanding but on that of the Lord. (Proverbs 2:10-12, Proverbs 3:5-6, Proverbs 4:7-8)	2.7) Diligence/Willingness to Work- That they would be diligent in any task they set out to do, seeing it through to completion. That they would be hard and willing workers, doing their best work and nothing less. That they would seek to honor the Lord in all work they do. (Proverbs 31:17, Ephesians 6:7, Colossians 3:23, Hebrews 12:1)
28) Self-Control- That they would yield themselves to God's desires and choose them over their own. That they would be walking so closely with the Lord that his desires would be theirs. (Proverbs 25:28, 1 Corinthians 9:27, Galatians 5:22-23, 2 Peter 1:5-7)	 29) Inner Beauty That they would see value in becoming women of Godly character, ones who are beautiful on the inside. (1 Peter 3:3-4, Proverbs 31:30) 29) Masculinity That they would see value in becoming men of Godly character, ones who are spiritually strong and attractive on the inside. (1 Samuel 16:7, 1 Timothy 4:8) 	30) Growing in Faith- That they would seek to know the Lord more and better develop the fruit of the Spirit. That their lives would reflect the following traits as an overflow of their relationships with Jesus: love, mercy, integrity, justice, courage, kindness, generosity, humility, compassion, responsibility, faith, hope, gratitude. (Galatians 5:22-23)
31) Kindness and Humility That as the Lord works in their lives, He would cultivate the qualities of kindness and humility; that they would think of others as better than themselves and treat them that way. (Philippians 2:3, 1 Peter 5:5-6)		

My Church

Sunday	*Spiritual protection/growth/wisdom of pastors, deacons, small group leaders, ministry leaders, and their spouses *Camaraderie and unity amongst leaders *Strong decision-making skills
Monday	*Healthy marriages within the church *Unity amongst our members
Tuesday	*Receptive hearts *Transformed lives
Wednesday	*Numerical growth and spiritual growth *Financial provision
Thursday	*That our people would love God's Word *That our people would have a growing desire to reach the lost
Friday	*That our people would have servants' hearts who would be disgusted by grumbling and complaining *That any grumbling and complaining would be convicted by the Holy Spirit and repented of
Saturday	*Our children's ministry *That our volunteers would truly love our kids and have joyful hearts in serving them *Wisdom for volunteers in handling difficult circumstances regarding the kids entrusted to them

My Extended Family

My Friends

Specific Requests/Thanksgiving

Date:	Request:	Answer:
Date:	Request:	Answer:

Date:	Request:	Answer:
Date:	Request:	Answer:





PLease Forgive me for _____.



THANK YOU FOR ______.

